Rainbow Street Public School
SPORT SELECTION GUIDELINES

NOTE: All school sport events are pet, alcohol and smoke free zones.
Rainbow Street Public School
SPORT SELECTION GUIDELINES

**Rationale**

Sport is a compulsory component of the Personal Development, Health and Physical Education syllabus. Students need to be provided with opportunities to participate in a range of sporting activities and programs suitable for their ability and interests. Sport assists in the development of a healthy lifestyle by promoting physical activity.

It is important that students’ school experiences in physical activity are conducted in a safe and supportive environment. Schools that create safe and supportive environments will not only protect students from injury but will encourage their lifelong participation in regular physical activity.

**Outcomes**

The aims of this document include:

- Providing an understanding of the various School Sport Programs at this school;
- Establishing clear guidelines for the implementation of sporting programs;
- Establishing clear and consistent guidelines for the selection of school sporting teams; and
- Establishing clear and consistent guidelines for the selection of students to attend Zone representative sports trials.
Weekly Sports Programs – Years 3 to 6

All Primary students (Years 3 to 6) will participate in a weekly sports program on a Friday. Students will participate in one of the following programs:

- School-Based Sport
- Primary School Sports Association (P.S.S.A.) Competitions

School-Based Sport

The School-Based Sport program is for students not selected in P.S.S.A. teams. This program focuses on skill development and minor games. Fundamental Movement Skills relevant to various games and sports will be taught and practised, and these skills used in minor games at school. Fitness activities could also be undertaken as part of this program.

Fundamental Movement Skills selected for development will be done so according to the progression outlined in the Physical Development, Health and Physical Education K-6 syllabus document. The minor games selected to practice these skills will be selected according to the interest of the students, and relevance to the time of year.

An example of sports selected to practice Fundamental Movement Skills is:

<table>
<thead>
<tr>
<th>Summer</th>
<th>Winter</th>
<th>All Year Round</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball</td>
<td>Netball</td>
<td>Basketball</td>
</tr>
<tr>
<td>Cricket</td>
<td>Soccer</td>
<td>Volleyball</td>
</tr>
<tr>
<td>AFL</td>
<td>Oz Tag/Touch Football</td>
<td>Golf</td>
</tr>
</tbody>
</table>

School P.S.S.A. Sport

Representing the school provides an opportunity for talented athletes, who are proficient in the fundamental skills related to their chosen sport, to extend their skills and compete against similarly skilled students from other schools. Representing the school is an honour and students who represent the school have the responsibility to compete at all times in a manner that demonstrates good sportsmanship and exemplary behaviour.
Rainbow Street Public School is part of the Eastern Suburbs Primary School Sports (ESPSSA) zone. We participate in the Zone P.S.S.A. competitions in a variety of sports in both Junior (10 years and under) and Senior (11 years and over) divisions. The competitions are held over a two-season format.

<table>
<thead>
<tr>
<th></th>
<th>Girls Only</th>
<th>Mixed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Season 1: Summer</strong> (Terms 1 &amp; 4)</td>
<td>T-ball/Softball</td>
<td>AFL</td>
</tr>
<tr>
<td><strong>Season 2: Winter</strong> (Terms 2 &amp; 3)</td>
<td>Netball</td>
<td>Football (Soccer)</td>
</tr>
</tbody>
</table>

**NOTE:** The rules and regulations surrounding the sports that boys or girls can play are set by the Eastern Suburbs P.S.S.A. and are in line with Sydney East P.S.S.A. rules and regulations.

**NOTE:** The number of teams entered into competitions will be dependent on student interest, staff availability and the ability of the draw to accommodate teams.

Students may choose to trial for these teams. If selected, it is expected that the students will fulfill their commitment to the team until the completion of the season, unless injured or another satisfactory reason is provided. If not selected, students will be given the opportunity to develop their skills in a controlled environment during school-based sports programs.

**P.S.S.A. Training**

P.S.S.A. training will run for 1 hour each week either before or after school, as negotiated by the teacher coordinating the team (Team Coach/Manager). It is expected that students selected in a P.S.S.A. team attend all training sessions, unless a satisfactory reason is provided from a parent or carer.

These training sessions are for students who have been selected in a P.S.S.A. team only. During these training sessions, these students will be working on fitness, skill-specific drills and tactical play. All students attending training sessions are expected to abide by the P.S.S.A. Code of Conduct outlined below.

**Selection of School P.S.S.A. Teams**

Students will have the opportunity to trial for relevant school P.S.S.A. teams.
The Team Coach/Manager and at least one other selector should select teams. This other person may be another teacher who is qualified or experienced in that sport, or another qualified person, such as a Development Officer.

At least one trial will be conducted before selecting the team, although two trials are preferable if time permits. This will allow all students to be given an equal opportunity to exhibit their ability and natural athleticism before the team is finally selected.

Team Coaches/Managers may use the early rounds of the competition as further trials before finalising the team.

**Selection Criteria**

The criteria for selection includes:

- **Student ability and natural athleticism:**
  Students need to demonstrate an ability or natural athleticism in the sport that they are trialing for;

- **Behaviour at school, sport and on other school activities:**
  The behaviour of students at school and on school activities and excursions will be considered before selecting teams. If the student has regularly displayed inappropriate behaviour they may be excluded from representing the school at sport;

- **Attitude and sportsmanship:**
  Students need to display a positive attitude and good sportsmanship;

- **Commitment and reliability:**
  Students need to commit to the team for which they trial for the duration of the season. This includes the attendance at any scheduled training sessions;

- **Previous playing experience:**
  Previous playing experience of the student while representing the school will be considered when selecting the teams.

**NOTE:** Coaches need to prepare their own specific selection criteria that details what is being assessed and be prepared to give specific feedback to parents if requested.
**Player Rotation Policy – Teams**

Rainbow Street Public School endeavours to provide opportunities for appropriate playing time for team members of teams in qualifying rounds in competitions that takes into account the ability and experience of the player, and the level of competition in which the team is competing.

Player rotation of team members in finals matches will be at the discretion of the Coach, in consultation with team members prior to the commencement of matches.

**Code of Conduct**

Students selected in any of the P.S.S.A. teams will be provided with a copy of the school’s Code of Conduct. The Code of Conduct outlines what is expected of all players and supporters at games. The Code of Conduct will then need to be signed by both the student and their parent/guardian and returned to school before they participate in any match. *(See Attachments)*

**Eastern Suburbs P.S.S.A. Values**

Rainbow Street Public School believes in values in sport and will ensure they are not just words but have strong meaning in the lives our students. All students are to embrace these Values when representing the school:

- TEAM WORK
- EXCELLENCE
- ENJOYMENT
- RESPECT
- FAIR PLAY
**Eastern Suburbs Zone Carnivals Team Selection Policy – Swimming, Athletics & Cross Country**

**Individual Entry**

The school team will be selected on performance at school carnivals. However, if a talented athlete is unable to compete at the school carnival, consideration will be given to them becoming an **additional entry** based upon proven past performance.

**Relay Teams**

Relay Teams will be selected by the Carnival Coordinator based upon results at the school carnival, and other factors such as previous performance within school competition and training. If necessary, selection trials may be held to determine the relay positions.

**Rainbow Street Public School Relay Policy**

Children selected into school representative relay teams to contest at Zone, Region and State levels in Swimming and Athletics will be selected on merit, the basis of which will be the times recorded at the annual school carnivals in Swimming and Athletics. The fastest four place-getters will represent the school at the Eastern Suburbs Zone Carnival.

It should be noted, however, that if a student is absent for the school carnival and this student has achieved outstanding results at Zone/Regional/State level in previous years, he/she will be considered for selection and will be able to progress to Zone level as a relay competitor and/or individual competitor. This decision will be the responsibility of the Carnival Coordinator in consultation with the school principal.

If a reserve is called into the relay team (because a student who is chosen to be part of the relay team is unable to compete due to illness or unforeseen circumstances), **the reserve will only compete at the next specified carnival** to replace the original team member.

The reserve will not replace the original team member at any subsequent carnivals but will have the choice to accompany the team as a reserve if they progress further. The original school team selected takes selection precedence over any reserve being brought in to compete at a Zone or Regional carnival.
School Representation to Eastern Suburbs Zone or Sydney East Regional Team Trials

Eastern Suburbs P.S.S.A. provides the following information in relation to sending students to Zone Trials:

‘The Zone pathway is for students who are able to demonstrate they are gifted and talented athletes. Zone trials are not a “come and try” day. Each school may send a **maximum of 6 students to a Zone trial.** In exceptional circumstances dispensation may be given by the Zone Convener in consultation with the ESPSSA Executive to allow additional students to trial. **All students trialing for an Eastern Suburbs Zone PSSA Team need to have the school’s permission to attend Eastern Suburbs Zone trials.** The school Sports Coordinator or Delegate must sign the student’s ZONE consent/permission form prior to the Zone trial to allow participation in the Zone trial.’

Students who trial are selected because of experience in their sport usually at a representative level or teacher judgement of natural talent displayed. All Zone teams are **OPEN AGE** – 8 years to 12 years, with the exception of Rugby League - Opens & 11 years. A duty of care exists to select students from your school who are suitable and will not be injured in a competitive environment.’

Rainbow Street Public School will nominate students to attend Zone and/or Regional trials based on the following criteria:

- Students must be bona fide pupils enrolled at Rainbow Street Public School;
- Students must have the school’s permission to trial, nominated by the School Sports Coordinator and endorsed by the Principal. Both the School Sports Coordinator and Principal must sign the Zone or Regional permission note;
- Students must meet the age requirement and any other criteria if specified;
- Students must have ability in the sport they are trialling for, determined by either by past school experience, including Zone/Region representation, or school coach recommendation if the sport is played at school level; and
- Students must have a good behaviour record and cannot be under school suspension.
**P.S.S.A. Sports Played At School Level:**

P.S.S.A. sports played at school level include football/soccer (boys and girls), Australian Rules Football (boys and girls), netball (girls) and T-ball/softball (girls).

If the school participates in P.S.S.A. competitions, supervising teachers will nominate students from school teams who are deemed suitable for representative trials. These students will generally be senior students (aged 11 and above). Junior students will only be considered in exceptional circumstances and where outstanding ability, experience and achievement have been demonstrated.

**P.S.S.A. Sports NOT Played At School Level:**

P.S.S.A. sports NOT played at school level include hockey (boys and girls), touch (boys and girls), rugby union, cricket (boys and girls), softball (boys), water polo (boys and girls), tennis (boys and girls) and golf (boys and girls).

For sports NOT played at school level, students are able to nominate their interest in attending Zone or Regional trials. They will need to meet any criteria specified by the relevant Association and/or Convener. In addition, students will also need to demonstrate appropriate experience and ability to the School Sports Coordinator. This will include years of playing and any club or representative teams of which the student plays. Senior students will be considered upon meeting any criteria, and junior students will only be considered in exceptional cases.

The School Sports Coordinator will then determine which students will be nominated to attend trials based on Zone or Regional trial information and student demonstration of experience and ability.
**Eastern Suburbs P.S.S.A. and Sydney East S.S.A. Selection Policies**

The Selection Policies of both the Eastern Suburbs P.S.S.A. and Sydney East S.S.A. must be followed in order for students of Rainbow Street Public School to be eligible for selection.

These policies are as follows:

**Eastern Suburbs P.S.S.A. Selection Policy**

1. **Carnivals:**
   Students must compete at a Zone Carnival in order to allow them to be considered for selection in the Zone team to compete at the Sydney East Carnival.

   Students must compete at the Zone Carnival in order to allow them to be considered for selection in the Zone team to compete at the Sydney East Carnival, unless they are:

   a) Competing at a higher level school sport competition.

   b) Suffering injury. In this case, a Doctor’s certificate must be presented.

   In these cases, a request for consideration for inclusion (Consideration of Entry Form - Carnivals) in the Zone team must be presented to the Convener. This is to be verified/endorsed by the student’s Sports Coordinator or Delegate listing the student’s school performance and any relevant previous Zone/Sydney East performance in that sport. This will then be considered for selection by a panel i.e. Executive and Convener. Inclusion in the Zone team under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Zone team based on the qualification procedures determined by the Sydney East PSSA, and is also subject to approval from the relevant Sydney East PSSA Convener. Submitting a consideration for inclusion does not guarantee inclusion in the Zone Team. In these cases a request for inclusion form must be presented to Zone Convener at least one school day prior to Zone Carnival.

   c) Member schools should contact the relevant Zone Convener and discuss exceptional circumstances for zone inclusion. Zone Convener must seek ratification through the Zone Executive.
d) The Zone Convener and the Eastern Suburbs Zone PSSA Executive will make the final decision on any inclusion into Zone team.

e) Eastern Suburbs Zone PSSA conveners organise all aspects of running the zone carnival e.g. venue, uniform, format.

2. Teams
Students must compete at the Zone Trial in order to allow them to be considered for selection in the Zone team to compete at the Sydney East Trial.

If a student is not available for the Sydney East trial or NSW State Carnival then the student is deemed ineligible to be chosen in the Zone team.

All students trialling for an Eastern Suburbs Zone PSSA Team need to have the school’s permission to attend Eastern Suburbs Zone trials. The school Sports Coordinator or Delegate must sign the student’s ZONE consent/permission form prior to the Zone trial to allow participation in the Zone trial. The school Sports Coordinator or Delegate must collate all signed permission notes from students at their school and forward a list of students who have been permitted to attend the Zone trial to the Eastern Suburbs Zone Convener via a mode of communication specified by the convener **by the Friday of the week prior to the trial. Students who have not been permitted to attend by the Sports Coordinator or Delegate will not be allowed to trial.**

Students must compete at the Zone Trial in order to allow them to be considered for selection in the Zone team to compete at the Sydney East Trial, unless they are:

a) Competing at a higher level school sport competition.

b) Suffering injury. In this case, a Doctor’s certificate must be presented.

If this is the case, then procedures for request for consideration for inclusion are the same as those for carnivals (refer to earlier in this document)

**PLEASE NOTE: Students on school suspension at the time of any Zone trial will also not be allowed to trial.**
**Eastern Suburbs Zone Conveners Consideration Of Entry Procedures:**

Zone Convener will inform in writing on behalf of the Executive to the pupil and pupil’s school the following information if consideration of entry is granted. A Doctor’s clearance must be obtained and presented at least 2 school days prior to Sydney East PSSA trial for the pupil to join the Eastern Suburbs Zone PSSA team. The Convener or school Sports Coordinator is to sight the Doctor’s clearance (make a copy to present or fax to Zone Convener). If no Doctor’s clearance, the pupil would be ineligible to join the Eastern Suburbs Zone PSSA Team and take part in Sydney East trial.

**Sydney East S.S.A. Selection Policy**

**Selection Policy – Teams:** Where Zone teams are participating in Sydney East trials, students must have attended and been selected to represent their Zone/District at their respective Zone/District trials prior to attending the trials. All students must have the approval of their School Principal in attending the trials.

**Team Member Financial Obligations:** Team members who are deemed to be unfinancial will be ineligible for selection until they have met their financial obligations. Individuals in the Secondary Program will also be ineligible for consideration to receive a Sydney East Blue.

Students must compete at the Sydney East trials in order to allow them to be considered for selection in the team to compete at the State Carnival, unless they are:

i) Competing at a higher level school competition.

ii) Suffering injury. In this case, a Doctor’s certificate must be presented. In these cases, a request for consideration for inclusion in a train-on squad for the team must be presented to the Convener. This is to be verified/endorsed by the student’s Principal and Zone/District Convener. This will then be considered for inclusion by a panel (i.e Executive and Convener). Individuals would be required to be fit to participate in the subsequent trials as part of the train-on squad two weeks following the date of the original trial.

iii) Participating in an approved school based activity. In these cases, a request for consideration for inclusion in a train-on squad for the team must be presented to the Convener two school days prior to the trials. This is to be verified/endorsed by the student’s Principal. This will then be considered for inclusion by a panel (i.e. Executive and Convener).
Rainbow Street Public School: Guidelines For Determining Sports Boy And Sports Girl Champions

Throughout the year, a points system will be collated by the carnival coordinators, the sports coordinator and the team coaches. The boy or girl who has attained the most points in a calendar year will be awarded the Sports Boy or Sports Girl title at the annual Presentation Day. Points will be awarded for the following achievements:

<table>
<thead>
<tr>
<th>Achievement</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Selection in a school P.S.S.A. team</td>
<td>5 points/team</td>
</tr>
<tr>
<td>Best and Fairest in a school P.S.S.A. team</td>
<td>5 points/award</td>
</tr>
<tr>
<td>Selection in an E.S.P.S.S.A. Zone team</td>
<td>10 points/team</td>
</tr>
<tr>
<td>Selection in a S.E.P.S.S.A. Regional team</td>
<td>15 points/team</td>
</tr>
<tr>
<td>Selection in a N.S.W.P.S.S.A. State team</td>
<td>20 points/team</td>
</tr>
<tr>
<td>Placing 1\textsuperscript{st} – school carnival event</td>
<td>3 points/event</td>
</tr>
<tr>
<td>Placing 2\textsuperscript{nd} – school carnival event</td>
<td>2 points/event</td>
</tr>
<tr>
<td>Placing 3\textsuperscript{rd} – school carnival event</td>
<td>1 point/event</td>
</tr>
<tr>
<td>Placing 1\textsuperscript{st} – E.S.P.S.S.A. Zone carnival event</td>
<td>6 points/event</td>
</tr>
<tr>
<td>Placing 2\textsuperscript{nd} – E.S.P.S.S.A. Zone carnival event</td>
<td>5 points/event</td>
</tr>
<tr>
<td>Placing 3\textsuperscript{rd} – E.S.P.S.S.A. Zone carnival event</td>
<td>4 points/event</td>
</tr>
<tr>
<td>Placing 1\textsuperscript{st} – S.E.P.S.S.A. Regional carnival event</td>
<td>9 points/event</td>
</tr>
<tr>
<td>Placing 2\textsuperscript{nd} – S.E.P.S.S.A. Regional carnival event</td>
<td>8 points/event</td>
</tr>
<tr>
<td>Placing 3\textsuperscript{rd} – S.E.P.S.S.A. Regional carnival event</td>
<td>7 points/event</td>
</tr>
<tr>
<td>Placing 1\textsuperscript{st} – N.S.W.P.S.S.A. State carnival event</td>
<td>12 points/event</td>
</tr>
<tr>
<td>Placing 2\textsuperscript{nd} – N.S.W.P.S.S.A. State carnival event</td>
<td>11 points/event</td>
</tr>
<tr>
<td>Placing 3\textsuperscript{rd} – N.S.W.P.S.S.A. State carnival event</td>
<td>10 points/event</td>
</tr>
</tbody>
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Rainbow Street Public School: Guidelines For Determining Junior/Senior Athletics, Swimming And Cross Country Champions

The student who attains the highest individual achievement in Athletics, Swimming and Cross Country will be awarded carnival champion at the annual Presentation Day. Champions will be awarded in the categories of Junior (10 years and younger) and Senior (11 years and older). The award will be given to the student who represents at the highest level (i.e. School, Zone, Region, State). If more than one student represents at this level, the points system outlined above will be used to determine the overall winner.
Teachers’ and Coaches’ Code of Conduct

- Encourage students to develop basic skills in a variety of sports and avoid over specialisation in positional play during their formative years.
- Create opportunities to teach appropriate sporting behaviour as well as basic skills.
- Teach your players to play by the rules. The rules are designed to maximise enjoyment and safety.
- Give all players equal time in the game or competition. They need and deserve it.
- Remember that students play for the fun and enjoyment and that winning should not be over emphasised. Never ridicule students for making mistakes or losing a competition.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the participants.
- When scheduling and determining the duration of training sessions and competitions, take into consideration the age and maturity levels of the students.
- Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.
- Follow medical advice when determining when an injured player is ready to play again.
- Remember that students need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
- Keep abreast of sound coaching principles and the principles of growth and development.
- Develop in students an awareness of the physical fitness values of sports and their life-long health and recreational value.
Eastern Suburbs ZONE P.S.S.A.
Rainbow Street Public School

Players’ Code of Conduct Contract

- Play for the fun of it.
- Play by the rules and always abide by the decisions of officials.
- Control your temper. Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team’s performance will benefit and so will your own.
- Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment.
- Play only when you are fully fit. To play with injury will handicap your team, and may expose you to the risk of further and more serious injury.
- Be a good sport. Applaud the good play of your team mates and that of your opponents.
- At all times cooperate with your coach, team mates and opponents, for without them you do not have a competition.
- Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.

I agree to follow this Code of Conduct at all times and understand that if my behaviour is unsatisfactory, I may be suspended from the team for a period of time as decided by my coach or principal, and/or, I may be asked to no longer play on the team or in the ESPSSA Sport 2015 Program.

_________________________             _____________
(Student’s Signature)             (Parent/Carer Signature)             (Date)
Parents’/Spectators’ Code of Conduct Contract

- Encourage your child to always play by the rules.
- If children are interested in sport, encourage them to participate. Refrain from forcing an unwilling child to participate.
- Remember that children participate in organised school sports for their enjoyment and fulfilment, not yours.
- Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
- Encourage your child to work towards skill improvement. Never ridicule your child for making a mistake or losing a competition.
- Always encourage the principle of good sportsmanship.
- Children learn best by example. Applaud good play by all individuals and all teams.
- Do not publicly question the officials’ judgement and never their honesty.
- Appreciate the contribution and commitment of teachers in coaching positions. They give their time and resources to provide sporting activities for your child and deserve your support.
- Have realistic expectations for your child and her or his team. Do not expect more than they can give.
- Support all efforts to remove verbal and physical abuse from sporting activities. Condemn the use of violence in any form.

I agree to follow this Code of Conduct at all times and understand that if I am not able to do so, I may be asked not to attend further school sporting events.

_________________________  ______________________  ________________
(Parent/Carer Signature)    (Parent/Carer Name)             (Date)